

AKHBAR : KOSMO  
MUKA SURAT : 14  
RUANGAN : NEGARA

## 105 kes penyakit berjangkit serang Orang Asli Terengganu

**HULU TERENGGANU** – Sebanyak 105 kes penyakit berjangkit menyerang masyarakat Orang Asli di negeri ini dalam tempoh lima tahun sejak 2019.

Pengarah Kesihatan Terengganu, Datuk Dr. Kasemani Embong berkata, ia melibatkan 13 kes tuberkulosis (TB), sifilis (13), leprosy (kusta) dan Covid-19 masing-masing enam kes serta dua wabak bagi measles (campak) dan yaws (puru).

"Berdasarkan data sejak 2019 hingga 2023, trend penyakit berjangkit melibatkan kes TB, kusta dan sifilis sentiasa dikesan dalam kalangan Orang Asli di negeri ini.

"Wabak pertama Measles dikesan pada 2019, manalaka Yaws pula dilaporkan pada tahun 2020," katanya selepas merasmikan Karnival Kesihatan Orang Asli peringkat Terengganu di Sungai Berua, di

sini semalam.

Kasemani berkata, wabak Measles menjejaskan seramai 51 orang, manakala 16 lagi terkesan dengan Yaws di Sungai Berua. Walau bagaimanapun, dua wabak itu tidak lagi dikesan dalam kalangan komuniti berkenaan selepas itu.

"Pihak kami sentiasa memberi penekanan terhadap penjagaan kesihatan Orang Asli termasuk melaksanakan ujian saringan penyakit secara berkala. Tiga kampung Orang Asli di Terengganu yang dihuni 1,030 penduduk juga dilengkapi kemudahan Klinik Bergerak Orang Asli (KBOA)," katanya.

Antara perkhidmatan yang ditawarkan adalah pemeriksaan ibu mengandung, kesihatan ibu anak serta saringan kesihatan seperti diabetes dan tekanan darah. Sambutan yang diterima juga menggalakkan.

AKHBAR : SINAR HARIAN  
MUKA SURAT : 12  
RUANGAN : NASIONAL

12 NASIONAL  
SINAR HARIAN • SABTU 3 OGOS 2024

TELUS & TULUS  
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## Satu daripada enam rakyat Malaysia hidap diabetes



**PUTRAJAYA** - Malaysia masih tersenarai sebagai negara dengan prevalen diabetes tertinggi di Asia Tenggara iaitu satu daripada enam rakyat Malaysia menghidap diabetes.

Menurut Menteri Kesihatan, Datuk Seri Dr Dzulkefly Ahmad, hasil Tinjauan Kesihatan dan Morbiditi Kebangsaan (NHMS) 2023 yang diumumkan baru-baru ini turut menunjukkan peningkatan prevalen berlebihan berat badan dan obesiti dalam kalangan rakyat Malaysia iaitu dari 50.1 peratus pada 2019 kepada 54.5 peratus (2023).

"Kementerian Kesihatan Malaysia (KKM) telah mengambil pelbagai pendekatan untuk mengukuhkan lagi langkah bagi membendung masalah ini melalui Perang Terhadap Gula manakala Pelan Strategik Mengurangkan Gula Dalam Kalangan Rakyat

Malaysia 2024-2030 telah dibangunkan dan dilancarkan pada 29 Jun 2024.

"Pelan ini mengandungi enam strategi utama dengan 38 inisiatif dan 65 aktiviti yang merangkumi polisi, advokasi dan kerjasama awam swasta melalui pendekatan masyarakat dan negara yang menyeluruh," katanya dalam kenyataan pada Jumaat.

Dalam usaha menggiatkan program di peringkat komuniti untuk mengurangkan pengambilan gula harian katanya, pada 2023 KKM telah menjalankan saringan kepada 64,846 individu di bawah Inisiatif Saringan Kesihatan Kebangsaan (NHSI) melalui Program Komuniti Sihat Pembina



DR DZULKEFLY

Negara (KOSPEN) *Wellness of Workers* (WOW) di tempat kerja dan KOSPEN di komuniti.

Selain itu, KKM telah menubuhkan 33 *Wellness Hub* di seluruh negara bagi meningkatkan kesejahteraan kesihatan kepada komuniti secara bersasar dalam pembudayaan hidup

sihat termasuk mengurangkan pengambilan gula, dengan jumlah sebanyak 765,843 klien telah mendapatkan perkhidmatan berkenaan bagi tempoh 2020 hingga 2023.

"Usaha ini turut diperkukuh oleh Kementerian Perdagangan Dalam Negeri dan Kos Sara Hidup (KPDN) yang turut melancarkan Kempen 'Kurang Gula, Kurang Harga,'" katanya. - *Bernama*

AKHBAR : THE STAR  
MUKA SURAT : 10  
RUANGAN : NATION

10 Nation

THE STAR, SATURDAY 3 AUGUST 2024

## Getting the HPV vaccine to 100,000 underprivileged girls

**KOTA KINABALU:** The Life Insurance Association of Malaysia (Liam) is working closely with the National Cancer Society of Malaysia (NCSM) to ensure 100,000 deserving girls across the country receive the human papillomavirus (HPV) vaccination.

Its chief executive officer Mark O'Dell said the programme, which is part of the association's corporate social responsibility, will provide essential HPV vaccination to girls from the underprivileged, rural and vulnerable communities.

He said the vaccination is vital in preventing HPV and HPV-related cancers, especially cervical cancer.

Liam, as part of its 50th anniversary, is contributing RM3mil to NCSM from the collective contribution of 14 life insurance companies and two reinsurance companies in the association, he added.

"It (NCSM) received free doses (HPV vaccines) from the manufacturer, but money is needed to reach girls in this group aged between 13 and 20. So we are

going to (identify) these girls and vaccinate them.

"This vaccine is very effective ... 90% very effective against cervical cancer," he told Bernama.

The "Leaving No One Behind - HPV Vaccination Programme" focuses on engaging, educating and vaccinating girls in 162 districts throughout Malaysia, while using a comprehensive approach encompassing health communication, behavioural change intervention, and efficient health services.

O'Dell said the association also donated RM650,000 to non-governmental organisation the Rose Foundation to carry out tests on women between the ages of 30 and 60 for the virus that causes cervical cancer.

"Cervical cancer, one of the most prevalent cancers among women, is caused by a virus.

"Vaccines can tackle it, but if you already have the virus, you can get rid of it before it turns into cervical cancer. So, the Rose Foundation is all about testing."

he said, adding that the virus can be transmitted through saliva, sexual contact and any kind of connection, and also manifests itself decades later.

He said the foundation has reached out to the low-income group and residents in the rural areas of Sarawak.

O'Dell said although cervical cancer is specific to women, men and boys could become virus carriers so it is important for them to also get the HPV vaccination.

## We are at war against diabetes, says Health Ministry

By **TEH ATHIRA YUSOF**  
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**KUALA LUMPUR:** Primary care is important to combat the rising cases of non-communicable diseases (NCDs) like diabetes in the country, says the Health Ministry.

Primary care serves as the first point of detection for diabetes among Malaysians, considering that 15.6% or one in six adults live with diabetes.

It is also one of the most pressing public health issues, according to the National Health and Morbidity Survey 2023.

As such, Health deputy director-general Datuk Dr Norhayati Rusli urged primary healthcare providers to support public hospitals

and tertiary healthcare facilities to combat the rising cases of diabetes among Malaysians.

"We are at war against diabetes. With more Malaysians being diagnosed with it and its complications, we must continue our efforts to prevent diabetes while simultaneously delaying the onset of its complications," she said at the launch of the Diabetes Malaysia Conference 2024 here yesterday.

The conference has the theme "Revolutionising Diabetes: Bridging the Primary Care Gap".

Her speech was read by Health Ministry disease control division director Dr Thilaka Chinnayah.

Primary care involves basic health services like check-ups and

immunisations at clinics while secondary care involves specialist treatment for more complex conditions.

Tertiary care is for specialised, advanced treatment like surgery provided by hospitals.

Dr Norhayati said the burden of primary care has now shifted to treating diabetes and its complications, adding that knowledge should be shared and considered by all stakeholders involved in diabetes management.

However, she said ongoing challenges such as cost constraints, time, resources, and patient factors also need to be addressed.

At the event, she highlighted the efforts of Diabetes Malaysia

(previously known as Malaysian Diabetes Association) for its self-funded initiatives to support the public healthcare system.

"Diabetes Malaysia consistently supports diabetes programmes through its national branch, 14 state branches and 36 district branches, with over 12,000 active members," she said.

The organisation was formed in 1981 to promote diabetes care through awareness, prevention, education and management of diabetes for patients, their carers and the general public.

Diabetes Malaysia president Prof Datuk Dr Ikram Shah Ismail said the organisation has been playing a pivotal role in advocating for better diabetes care and

prevention strategies.

He proposed the government subsidise the association's glucose monitoring devices as it costs between RM385 and RM473 a month, so that diabetes can be better managed.

Diabetes Malaysia Conference 2024 organising chairman Professor Dr Muhammad Yazid Jalaludin said there are disparities in primary care quality and accessibility that have led to delayed diagnoses and poorer outcomes.

"Our goal is to revolutionise primary care by enhancing access through technology, investing in provider training and promoting collaboration within the healthcare system," he said.